



# Fun Run

# Risk Assessment

## HBO 10K 2024

### **FUN RUN – Not licenced by UKA or BARR**

A 1 mile family fun run is held after the main 10k race event for participation by children from the village and runners visiting the village. Between 400-500 children and parents take part. There is no entry for this however this year we will be asking for a £4 registration fee for all runners under 15 and medals are awarded to all children that take part. Many children are accompanied by parents, though some are not. Parents are informed that children under 8 should be accompanied by a parent, and it is left to the parents own judgement and responsibility if they do not abide by this request. They are informed this is their decision and responsibility.

The 10K race organisers support this fun run by ensuring marshals are left in place on the circular circuit and the timing of the race ensures that it is completed within the timeframe of the road closure order and all medical support provided for the 10k race remains in place.

In 2014 a lost persons procedure was established to ensure a process is in place to manage any children that may get lost either as runners or spectators. To the race committee knowledge, there have been no such cases in previous years.

<b>FUN RUN</b>								
				SAFETY PLAN				
				4. How will you put the assessment into action Remember to prioritise. Deal with those hazards that are high-risk and have serious consequences first				
1. What are the hazards	Risk Rating H/M/L	2. Who might be harmed & how	3a. What are you already doing (i.e. pre-event controls)	3b. What further action is required (event day controls)	Resultant Risk Rating M/L	Action by Who	Action by when	Date completed
Congestion at start of race	H	Runners / spectators / children	10K Marshals in place and fully briefed around the course.  Use of steps and loud hailer for Race starter (Roger Symons) to ensure race is started on time at 12.45am.  Parents asked to run with children under 8 years of age.	Request for parents to ensure they line their children up by age group.	L	Fun Run Director Chief Marshal & Marshals	On day if required	
Lost Children	H	Children in distress	Course remains unchanged from previous years and is a	Marshals stay with lost child, then walk back to Meeting Point at Village	L	Marshals	On day if required	

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			<p>simple loop around the village.</p> <p>Parents request to run with children under 8yrs.</p> <p>Marshals are around the course to guide runners.</p> <p>Missing person's procedure in place.</p>	<p>School once tail bike has gone past.</p> <p>Race Briefing on the day includes details of Meeting Point before Fun Run starts.</p>				
Injury to Runners	M	Slips / falls / grazes to runners.	<p>Request parents run with small children and any adults assist child runners if in difficulty.</p> <p>Children line up in age order to allow older faster children to start first.</p> <p>First aiders posted around the Little 'O' to assist.</p>	<p>Fun Run Director to lead children out to race start (Zebra Crossing) in high street by age group.</p>	L	Marshals	On day if required	
Race not finished in time for 1.30 pm road opening	L	Runners / parents Collision with vehicles	<p>Fun Run starts no later than 12.45am.</p> <p>Most of circuit has pavement</p>	<p>Strict time management on the day</p> <p>Any remaining runners can be moved to the pavement under guidance from marshals.</p>	L	Chief Marshal / Marshals	On day if required	

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Exhaustion of junior runners.	L	Runners collapse / in distress	Parents to run with small children.  Walk on pavement if required.  Marshals to intervene if required.	Marshals to carry bottled water if extra hot on day.	L	Marshals	On day if required	
Prams on course	M	Collision with parents pushing prams on the course	Mainly an issue at the start/ on 1 <sup>st</sup> bend, after that it thins out: Marshals to use loud hailers at Start to caution  Faster/older children placed at front of field.  Buggies and prams asked to hold back until runners have passed.	Fun Run briefing request parents with buggies to hold back until the “runners” have got away	L	Chief Marshal	On day if required	
Medals running out	L	Disappointment to runners.	Committee orders adequate medals prior to race day.	N/A	L			
Pedestrians on course	M	Collision or runner/ pedestrians	Potential problem at start/finish, with pedestrians either a) oblivious & walking onto road or b) moving onto road to take photo of approaching runner	Marshals continue to use loud hailers to caution pedestrians	L	Marshals	On day if required	
<b>Review Date</b>								

<b>Reviewed By</b>	<b>HBO 10K Race Director Signature</b>	<b>Fun Run Director Signature</b>
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